



LAKE MARY-LONGWOOD AQUATICS TEAMS UP WITH HEATHROW COUNTRY CLUB

We'd like to announce our New Year-Round Club Swim Team. Lake Mary-Longwood Aquatics [LML] is an independent USA Swimming® registered team that has partnered with HLCC.

Important Info:

- Start date is Mon September 13th at Heathrow Country Club pool.
- For swimmers ages 6 -15 who have participated in club swimming, summer swim league or have had formal swim lessons.
- For swimmers who want to train year-round and fully explore the world of competitive swimming.
- Tryouts/assessments will be done the first week of practice to determine eligibility. It may be suggested that a swimmer take more lessons first before they are ready for the team.
- Must be a member of HLCC. Non-members can contact HLCC Membership to find out about a special Social Membership that includes swim team for a period of time.
- Registration is online at www.LakeMary-LongwoodAquatics.com . There is an upfront registration fee that is required by USA Swimming® to register the swimmer/athlete.
- Monthly team fees are automatically debited from your LML account and range between \$95 - \$125 per month depending on group placement.
- Practices offered Mon thru Fri to work around busy schedules.
- Practice time is 5:30pm – 6:30pm for younger ages, 5:30pm – 7:00pm for advanced swimmers.
- All coaches are former high-level swimmers and certified by USA Swimming® and the American Swim Coaches Association®.
- LML is a registered Safe Sport® team. All coaches are up to date with their required youth protection training.

For further information contact Head Coach Ken Cobb at 407-252-3318 or kcobb@heathrowcc.com

www.LakeMary-LongwoodAquatics.com